

Princeton New Year Invitation
Sunday, December 9th, 2012
Meet Information

Entry Procedure: Go to DirectAthletics.com, Log in and enter your team

Entry Deadline: Wednesday, December 5th at 5:00pm

Entry Limitations: 21 athletes will be allowed to compete in each field event and 36 in each running event. Please adhere to the minimum standards listed below when determining whom from your team to enter. Also note that meeting the standard does not guarantee acceptance into the meet. Coaches should check the Princeton athletics website in advance of the meet to see which athletes were accepted into the meet.

Entry fee: \$20.00 per athlete on your entry roster. \$400 max per gender. Make checks payable to Princeton University. You can send them to

Mike Henderson
Princeton University
Jadwin Gym
Princeton, NJ 08544

Entry fees will also be taken at the meet.

Track Info: Flat 6-lane encapsulated polyurethane surface. Sprints and hurdles are run down the center of the infield. Throwing area has cutout cinder landing area (we are still using outdoor implements).

Results: Courtesy of Tumey Timing. They will be posted at the meet, and on our website after the meet. They will also be posted live online as the meet progresses.

Weigh-Ins : Weigh-ins will be held before each throwing event downstairs adjacent to the throwing area.

Field Event Meet Standards and Minimum Measures and Starting Heights:

Entry Standards: Please do not enter athletes that have not performed to these levels:

	Men	Women
Weight Throw	13.75m (45' 1")	11.00m (36' 1")
Shot Put	13.75m (45' 1")	11.00m (36' 1")
Long Jump	6.40 m (21')	5.00m (16' 5")
Triple Jump	13.40m (44')	10.35m (34')
High Jump	1.90 (6' 3")	1.55m (5' 1")
Pole Vault	4.30m (14' 1")	3.15m (10' 4")
60m	7.40	8.30
60mh	8.80	9.80
300m	38.00	45.00
600m	1:26	1:46
1000m	2:40	3:20
Mile	4:35	5:30
3000m	9:10	11:30

We will be imposing minimum measures in the field events. Each competitor will get one legal throw or horizontal jump measured. After that, competitors must reach the minimum measure mark in order to get subsequent measurements.